Checklist: Chronic Pain Management Patient Documentation – Reassessment

The following elements are present in the medical record

A. Complete a comprehensive patient reassessment:
Review chief complaint
Assess the success, failure or progress made toward the established goal
o Efficacy of pain relief
 Improved physical function
Improved psychosocial function
 Effectiveness of other recommended treatment modalities
o Drug side effects
Assess impact of additional information on ongoing treatment
 Urine drug screen results
 Prescription monitoring program results
o Pill count results
 Treatments received through an emergency room or other provider
 Any suggestion of misuse or abuse of prescription medications
o Illegal drugs
o Alcohol
 Manic or violent outbreaks
 Depressive behaviors or thoughts of suicide
Assess patient for the risk of abuse
 Use of medications for psychological effects versus pain relief
 Use of other controlled substances or illegal substances and/or alcohol
 Obtaining additional pain medication
 Selling their medications
 Taking more medication than prescribed
 Taking medication for reasons not prescribed
B. Follow-up appointment:
Determine, based on the individual patient, what level of patient monitoring is necessary
to achieve the required result and avoid an adverse outcome
o 14 day follow-up
o 28 day follow-up
o 56 day follow-up
o 84 day follow-up
Comparison of prescriptions written against patient presenting for follow-up appointment
support the appropriate level of patient monitoring
Comparison of other monitoring, e.g., urine drug screen, support the appropriate level of
patient monitoring

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