

Brøset Violence Checklist:

Behavior	Definition	Observed?
Confused	Appears obviously confused and disoriented. May be unaware of time, place or person	
Irritable	Easily annoyed or angered. Unable to tolerate the presence of others.	
Boisterous	Behavior is overtly 'loud' or noisy, e.g. slams doors, shouts out when talking, etc.	
Physically Threatening	Where there is a definite intent to physically threaten another person, e.g. the taking of an aggressive stance; the grabbing of another person's clothing; the raising of an arm, leg, making of a fist, or modeling of a head-butt directed at another	
Verbally Threatening	A verbal outburst which is more than just a raised voice; and where there is a definite intent to intimidate or threaten another person, e.g. verbal attacks, abuse, name-calling, verbally neutral comments uttered in a snarling aggressive manner	
Attacking Objects	An attack directed at an object and not an individual, e.g. the indiscriminate throwing of an object; banging or smashup windows; kicking, banging or head-butting an object; or the smashing of furniture	
Total		
<p>Each item in the checklist is either present (1) or absent (0) in the scoring system and scoring is conducted in relation to the patient's normal baseline behavior.</p> <p>(0) – small risk of violence (1-2) – moderate risk of violence (>3) – very high risk of violence*</p> <p>*very high risk resident – interventions should be implemented immediately to prevent a potential episode</p>		

Reference:

Almvik, R. Woods, P. & Rasmussen, K. (2007)
 Assessing risk for imminent violence in the elderly; the Brøset Violence Checklist. *International Journal of Geriatric Psychiatry*, 22, 862-867