



Shoulder Dystocia Checklist

Shoulder Dystocia is a life-threatening obstetrical emergency resulting from failure of the fetal shoulders to deliver spontaneously following delivery of the fetal head. Identification of patients at higher risk, staff education and communication are strategies to improve patient safety and reduce liability.

The following checklist can be used to develop or evaluate your organization's shoulder dystocia policy and documentation requirements.

Policy	Yes	No
Do you have a shoulder dystocia policy (or a process) that includes:		
A process for documentation of a shoulder dystocia risk screening/stratification	<input type="checkbox"/>	<input type="checkbox"/>
A process to communicate risk screening information to all team members	<input type="checkbox"/>	<input type="checkbox"/>
Room preparation for a Shoulder Dystocia	<input type="checkbox"/>	<input type="checkbox"/>
A process to:		
Call for help from additional staffing, anesthesia, nursery (NICU if appropriate)	<input type="checkbox"/>	<input type="checkbox"/>
Monitor time or activate timer	<input type="checkbox"/>	<input type="checkbox"/>
Initiate maneuvers	<input type="checkbox"/>	<input type="checkbox"/>
Re-evaluate course of actions-communicate with team and patient	<input type="checkbox"/>	<input type="checkbox"/>
Documentation requirements	<input type="checkbox"/>	<input type="checkbox"/>
Documentation	Yes	No
Do you require documentation of a shoulder dystocia risk screening?	<input type="checkbox"/>	<input type="checkbox"/>
Do you require documentation of communication of risk screening to team members?	<input type="checkbox"/>	<input type="checkbox"/>
Do you require documentation reflecting compliance with all interventions deployed during the course of a suspected shoulder dystocia utilizing a standardized tool in either paper or electronic format?	<input type="checkbox"/>	<input type="checkbox"/>
Does your tool capture the interdisciplinary approach to the management of the shoulder dystocia?	<input type="checkbox"/>	<input type="checkbox"/>
Does the tool require documentation of:		
Time events occurred, including:	<input type="checkbox"/>	<input type="checkbox"/>
Time of recognized shoulder dystocia	<input type="checkbox"/>	<input type="checkbox"/>
Time of delivery of head	<input type="checkbox"/>	<input type="checkbox"/>
Time of delivery of posterior shoulder	<input type="checkbox"/>	<input type="checkbox"/>
Time of delivery of infant	<input type="checkbox"/>	<input type="checkbox"/>

Traction on vertex	<input type="checkbox"/>	<input type="checkbox"/>
Maneuvers	<input type="checkbox"/>	<input type="checkbox"/>
McRoberts	<input type="checkbox"/>	<input type="checkbox"/>
Woods	<input type="checkbox"/>	<input type="checkbox"/>
Suprapubic Pressure	<input type="checkbox"/>	<input type="checkbox"/>
Gaskin	<input type="checkbox"/>	<input type="checkbox"/>
Rubin	<input type="checkbox"/>	<input type="checkbox"/>
Zavanelli	<input type="checkbox"/>	<input type="checkbox"/>
Episiotomy	<input type="checkbox"/>	<input type="checkbox"/>
Laceration	<input type="checkbox"/>	<input type="checkbox"/>
Operative delivery:		
Vacuum	<input type="checkbox"/>	<input type="checkbox"/>
Forceps	<input type="checkbox"/>	<input type="checkbox"/>
Cord Blood sent to laboratory	<input type="checkbox"/>	<input type="checkbox"/>
Apgar scores	<input type="checkbox"/>	<input type="checkbox"/>
Weight	<input type="checkbox"/>	<input type="checkbox"/>
Evidence of injury	<input type="checkbox"/>	<input type="checkbox"/>
ID of staff/family in room	<input type="checkbox"/>	<input type="checkbox"/>
Do you document communication with pediatrics post-delivery?	<input type="checkbox"/>	<input type="checkbox"/>
Do you document communication with the patient?	<input type="checkbox"/>	<input type="checkbox"/>
Education	Yes	No
Do you provide shoulder dystocia education for staff?	<input type="checkbox"/>	<input type="checkbox"/>
Do you conduct shoulder dystocia drills?	<input type="checkbox"/>	<input type="checkbox"/>
Do your shoulder dystocia drills include debriefings to identify opportunities for improvement?	<input type="checkbox"/>	<input type="checkbox"/>
Other:		
Notes:		

Medical Mutual's "Checklists" are offered as reference information only and are not intended to establish practice standards or serve as legal advice. MMIC recommends you obtain a legal opinion from a qualified attorney for any specific application to your practice.